



Good health is the best gain. Contentment is the best wealth. In Nibbāna, the highest bliss.

204. *Ārōgyaparamā lābhā
santuṭṭhīparamaṃ dhanam
vissāsaparamā ñātī
nibbāṇam paramam sukham. (15:8)*

Health's the greatest gain,
contentment, best of wealth,
trusting's best of kin,
Nibbāna bliss supreme.

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